

Online Sobriety Resources

Self-Help Addiction-Recovery Groups

- [12 Steps \(12step.org\)](http://12step.org) Resources for all 12 step programs
- [Alcoholics Anonymous \(AA\) \(aa.org\)](http://aa.org)
- [Adult Children of Alcoholics \(ACA\) \(adultchild.org\)](http://adultchild.org)
- [Cocaine Anonymous \(CA\) \(ca.org\)](http://ca.org)
- [Crystal Meth Anonymous \(CMA\) \(crystalmeth.org\)](http://crystalmeth.org)
- [Food Addicts in Recovery Anonymous \(FA\) \(foodaddicts.org\)](http://foodaddicts.org)
- [Food Compulsions Anonymous \(foodcompulsions.wordpress.com\)](http://foodcompulsions.wordpress.com)
- [Gamblers Anonymous \(GA\) \(gamblersanonymous.org\)](http://gamblersanonymous.org)
- [LifeRing Secular Recovery \(lifering.org\)](http://lifering.org)
- [Marijuana Anonymous \(marijuana-anonymous.org\)](http://marijuana-anonymous.org)
- [Narcotics Anonymous\(NA\) \(na.org\)](http://na.org)
- [Nicotine Anonymous \(nicotine-anonymous.org\)](http://nicotine-anonymous.org)
- [Refuge Recovery \(refugerecovery.com\)](http://refugerecovery.com)
- [Sex and Love Addicts Anonymous \(SLAA\) \(slaafws.org\)](http://slaafws.org)
- [Smart Recovery \(smartrecovery.org\)](http://smartrecovery.org)
- [Women for Sobriety \(WFS\) \(womenforsobriety.org\)](http://womenforsobriety.org)
- [XA Speakers \(xa-speakers.org\)](http://xa-speakers.org) A collection of recordings from speaker meetings, conventions and workshops of 12-step groups.
- <https://charlottekasl.com/16-step-program/>

Additional Online Support

- [AA Intergroup \(aa-intergroup.org\)](http://aa-intergroup.org)
- [NA Chat \(na-chat.com\)](http://na-chat.com)
- [Recovery Zone \(recoveryzone.org\)](http://recoveryzone.org) Complete audio version of the Big Book.
- [In the Rooms https://www.intherooms.com](https://www.intherooms.com)
- [Faces and Voices of Recovery https://facesandvoicesofrecovery.org/](https://facesandvoicesofrecovery.org/)
- [Sober Nation https://sobernation.com](https://sobernation.com)